Welcome to our New Graduate Assistants

Career Counseling and Support Services is excited to introduce our Graduate Assistants for the 2015-2016 school year, Kellie Peltomaa and Sara Meyers.

Kellie is pursuing her Master’s in Counselor Education with the Clinical Counseling Track. She holds a bachelor’s degree from The Ohio State University in Psychology. Originally from Hilliard, Ohio, she has experience working in the Arts and Sciences Career Services Office. Kellie also completed her practicum in Gahanna Jefferson Public Schools, working with elementary students.

Sara, originally from Granville, Ohio, is pursuing her Master’s in Counselor Education with the School Counseling Track. She graduated from the College of Wooster in May 2014 with a Bachelor of Arts in Psychology. Sara has experience in the classroom setting having started the pursuit of a teaching license prior to her decision to study counseling Ohio State. She also spent the spring of 2015 in her counseling practicum, the first step of her internship, at Reynoldsburg High School. This fall she will begin her internship at Central Crossing High School and Columbus Preparatory Academy.

Career Prep for Success

As we gear up for fall semester, there are multiple opportunities and resources for students such as Welcome Week, Buckeye Careers Campus Job Fair, The Ohio State University Career and Internship Fair and many other career fairs. Please help us share information about these great opportunities to students.

With our campus partners we are spearheading numerous programming events to help prepare students for their career journey. A great one coming up is Career Prep for Success to be held August 27, 11 a.m. to 3 p.m. in the Ohio Union, Archie M. Griffin Grand Ballroom. Students will be able to get one-on-one personalized attention to polish their resume, practice their personal introductions and interview skills and gather resources! Employers, career services professionals and Student Life staff will be on hand to guide them through this hands-on experience. No appointment needed.

For the many other Career and Internship Fair programming opportunities, please visit http://careers.osu.edu/students/ohio-state-university-career-and-internship-fair/information-for-students/.

Make sure students know about Ohio State’s university-wide Career and Internship Fair September 15-16 at Student Life’s Ohio Union. The fair is open to students across all majors, campuses, graduate programs and degree levels. Students can take advantage of the opportunity to meet with some of the nation’s top employers and show them why Buckeyes are always best for the job. Workshops and skill building seminars will be featured before the fair to help students update their resumes and prepare
them to succeed. The Fair is brought to you by Buckeye Careers, Student Life and University Career Services Committee. For more information visit http://go.osu.edu/osucif.

**Finding Your FOCUS with OnPACE**

As the new year starts, recommend Buckeye OnPACE to your students!

The Finding Your Focus module can assist students with their major and career exploration processes, based on who they are and the way they make personal and socially responsible decisions. You can use it as an assignment in your survey class to encourage students to be proactive and explore more about themselves and how an awareness of self supports their ideas about majors and careers. In this module, students will learn how to:

- Explore interests, talents, personality and educational and occupational goals by taking FOCUS, an online career and education planning tool for free.
- Relate self-knowledge to Ohio State majors and careers.
- Identify personal decision-making styles.
- Utilize decision-processing techniques to clarify and set realistic goals.
- Integrate social responsibility into career plans and decisions.

You can find FOCUS on the Buckeye OnPACE website, along with other great resources. Please go to the following link for more information [http://onpace.osu.edu/](http://onpace.osu.edu/).

**Graduate and Professional School Expo**

The Expo is a great opportunity for students to meet with admissions representatives from graduate and professional school programs. This year’s Graduate and Professional School Expo will be held on October 21, from 12 to 4 p.m. In previous years, the expo has invited over 100 different programs in a variety of disciplines. If students are applying to graduate school or are just starting to contemplate additional education, this is a great event to learn more.

Also encourage students to attend the Graduate School Panel from 1 to 2 p.m. on October 21 in the Great Hall Meeting Room of the Ohio Union. A panel of experts including graduate admission representatives and students will discuss the essential components of the application process: transcripts, test scores, letters of recommendations and personal statements. Students can obtain personalized advice about graduate school programs, learn how to successfully apply and explore their graduate school options.

For more information visit our Graduate and Professional School Expo website at [http://ccss.osu.edu/gradexpo](http://ccss.osu.edu/gradexpo).

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